

**LAMB COUNTY
FAMILY & COMMUNITY HEALTH**

Kathy Lostroh
County Extension Agent



Dear Commissioners,

Please accept a donation from Lamb County Texas Farm Bureau in the amount of \$150.00 to support our Bread in a Bag Program.

Each year, Health Extension Agent Courtney Lowe and I visit the kindergarteners at Littlefield Primary School. While there, we lead all students through the process of making their own loaf of whole wheat bread. In class, each student mixes his/her own ingredients together in a Ziploc bag then puts it into a loaf pan. The school cafeteria bakes the bread so each child can take it home to share it with his/her family.

The benefits of a program like "Bread in a Bag" are numerous. Not only does the program help build relationships with students and teachers in the local school which can lead to their involvement in other programs – like 4-H – but it also helps to begin an education related to agriculture and family and community health. The children will be able to learn where their food supply comes from and the importance of supporting our local farmers and agriculture-industry workers.

The donation from Farm Bureau will be used to purchase ingredients and additional supplies for each child.

Sincerely,

A handwritten signature in cursive script that reads "Kathy Lostroh".

Kathy Lostroh, CEA-FCH
Lamb County

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